

## November 2009 Middle School Breakfast Menu

Offer vs. Serve – Each Meal Includes: One Entrée, Milk and/o Juice.  
Menu subject to change.

In accordance with the Federal Law and the USDA, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.



<i>Week of</i>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<i>Nov 1</i>	Cereal & Toast W/ Jelly Breakfast Pizza Milk/Juice	Cereal & Toast Pancakes /Sau- sage Milk/ Juice	Cereal & Toast Scrambled Eggs Toast w/Jelly Milk/Juice	Cereal & Toast Sausage Patty Biscuit w/Gravy Milk/Juice	Cereal & Toast Ham & Egg Breakfast bar w/toast
<i>Nov 8</i>	Cereal & Toast French Toast or Egg & Cheese	Cereal & Toast Pancakes (2) Milk/Juice	Cereal & Toast Scrambled Eggs Toast w/Jelly Milk/Juice	Cereal & Toast Pan- cake/Sausage wrap up on Stick	Cereal & Toast W/jelly Breakfast Burrito Milk/Juice
<i>Nov 15</i>	Cereal & Toast Breakfast Pizza Milk/Juice	Cereal & Toast Pancakes /Sau- sage Milk/ Juice	Cereal & Toast Scrambled Eggs Toast w/Jelly Milk/Juice	Cereal & Toast Sausage Patty Biscuit w/Gravy Milk/Juice	Cereal & Toast Ham & Egg Breakfast bar w/toast
<i>Nov 22</i>	Cereal & Toast w/Jelly French Toast Milk/Juice	Cereal & Toast Pancakes (2) Milk/Juice	WAIVER COMP DAY	THANKSGIV- ING DAY	STUDENT HOLI- DAY
<i>Nov 29</i>	Cereal & Toast Breakfast Pizza Milk/Juice	Cereal & Toast Pancakes /Sau- sage Milk/ Juice	Cereal & Toast Scrambled Eggs Toast w/Jelly Milk/Juice	Cereal & Toast Sausage Patty Biscuit w/Gravy Milk/Juice	Cereal & Toast Ham & Egg Breakfast bar w/toast