

November 2009 — Menu subject to change

High School Lunch Menu

Offer vs. Serve – Each Meal Includes: One Entrée, Milk and/or Juice



Week of	Mon	Tue	Wed	Thu	Fri
Nov 1	Chicken Nuggets Steak Fingers Mashed Potatoes	Beef Nacho Beef Taco Salad Egg Rolls, Rice Beans, Fruit/Milk	Chicken Sandwich Hamburger/Hot Dog Fries/Baked	Chicken Fried Steak Ham & Cheese BBQ RIB Sandwich Fries/Brocc	Pizza / Corn Dogs Bread Sticks Fries/Corn/salad Fruit/Milk
Nov 8	Chicken Nuggets Steak Fingers Mashed Potatoes	Beef Nacho Beef Taco Salad Burrito/Rice Beans, Fruit/Milk	Chicken Sandwich Hamburger/Hot Dog Fries/Baked	Chicken Fried Steak Turkey Sandwich BBQ RIB Sand-	Pizza / Corn Dogs Bread Sticks Fries/Broccoli/salad Fruit/Milk
Nov 15	Chicken Nuggets Steak Fingers Mashed Potatoes	Beef Nacho Beef Taco Salad Crispito/ Rice Beans, Fruit/Milk	Chicken Sandwich Hamburger/Hot Dog Fries/Baked	Chicken Fried Steak Smoked Sausage BBQ RIB Sand-	Pizza / Corn Dogs Bread Sticks Fries/Carrots/salad Fruit/Milk
Nov 22	Chicken Nuggets Steak Fingers Mashed Potatoes	EARLY RELEASE	WAIVER COMP DAY	THANKSGIVING DAY	STUDENT HOLIDAY
Nov 29	Chicken Nuggets Steak Fingers Mashed Potatoes	Beef Nacho Beef Taco Salad Egg Rolls, Rice Beans, Fruit/Milk	Chicken Sandwich Hamburger/Hot Dog Fries/Baked	Chicken Fried Steak Ham & Cheese BBQ RIB Sandwich Fries/Brocc	Pizza / Corn Dogs Bread Sticks Fries/Broccoli/salad Fruit/Milk