

November 2009 Middle School Lunch Menu *subject to change.*

Offer vs. Serve:

(Five Components) Meat, Milk, Bread, Vegetable, and Fruit



<i>Week of</i>	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 1	Beef Steak Fingers Mashed Potatoes W/gravy Green Beans Peaches Milk/Roll	Soft Beef Taco Lettuce & Tomatoes Beans/Rice Applesauce Milk	Hamburger or Hotdog Tater Tots Salad Baked Beans Fruit Milk	Sloppy Joe Broccoli & Cheese Salad Pears Milk	Corn Dog Salad Carrots Pineapple Milk
Nov 8	Pop Corn Chicken Mashed Potatoes W/gravy Green Beans Peaches Milk/Roll	Crispito w/Chili Lettuce & Tomatoes Beans/Rice Applesauce Milk	Hamburger or Hotdog Tater Tots Salad Beans Fruit Milk	Chef Salad w/ Ham Mixed Fruit Rolls Milk	Pizza Salad Pinto Beans Applesauce Milk
Nov 15	Chicken Nuggets Mashed Potatoes W/gravy Green Beans Peaches Milk/Roll	Beef Nachos Lettuce & Tomatoes Beans/Rice Applesauce Milk	Hamburger or Hotdog Tater Tots Salad Beans Fruit Milk	Turkey & Dressing Sweet Potatoes Cranberry Sauce Salad Milk	Corn Dog Salad Corn Applesauce Milk
Nov 22	Pop Corn Chicken Mashed Potatoes W/gravy Green Beans Peaches Milk/Roll	Burrito w/cheese Lettuce & Tomatoes Beans/Rice Applesauce Milk EARLY RELEASE	Waiver Comp Day	THANKSGIVING HOLIDAY	STUDENT HOLIDAY
Nov 29	Beef Steak Fingers Mashed Potatoes W/gravy Green Beans Peaches Milk/Roll	Soft Beef Taco Lettuce & Tomatoes Beans/Rice Applesauce Milk	Hamburger or Hotdog Tater Tots Salad Beans Fruit Milk	Twisted Cheese Sticks Maranara Sauce Salad Pears Milk	Pizza Salad Corn Applesauce Milk

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